MORE AND MORE HOUSEWIVES ARE SHOPPING at SUPER-VALU

Nugget
SHOE POLISH
Paste—All Colors
2 for 37¢

Robin Hood
FLOUR
25-lb. paper bag
$1.89

Karo
CORN SYRUP
5¢ OFF—1½-lb. bottle
24¢

LOGANBERRIES	Wilson, 2-lb. cello	59¢
TOMATO SOUP	Campbell's, 10-oz. tins	2 for 29¢
HOSTESS BREAD	White, sliced, 24-oz. Dated daily	2 for 49¢
CLEARBROOK HOMO	3.8 B.F. Milk, quart	24¢
SILVER CUP COFFEE	Grind it. Fresh, lb.	69¢
COFFEE MUGS	Blue or Green	2 for 35¢
BROWN 'N' SERVE	Buttermilk Rolls, pkg.	23¢
BLUE BREEZE	16¢ OFF—King size	$1.47
BLUE BREEZE	8¢ OFF—Giant size	83¢
LUX LIQUID–15c OFF	King size	99¢
PRAISE TOILET SOAP	Regular size	2 for 35¢
LUX TOILET SOAP	Rainbow—1¢ SALE	44¢
PARKAY	lb.	2 for 67¢
PARKAY	2-lb. block	65¢

★ CORN	York, Cream Style, Fancy, 15-oz.	2 for 29¢
★ PEAS	York, Fancy, Assorted, 15-oz.	2 for 33¢
★ BEANS	York, Cut Green, Fancy, 15-oz.	2 for 31¢
★ PLUMS	York Prune, Fancy, 15-oz.	2 for 29¢
★ PEACHES	York, Sliced, Fancy, 15-oz.	2 for 39¢
★ PEARS	York Bartlett, Fancy, 15-oz.	2 for 49¢

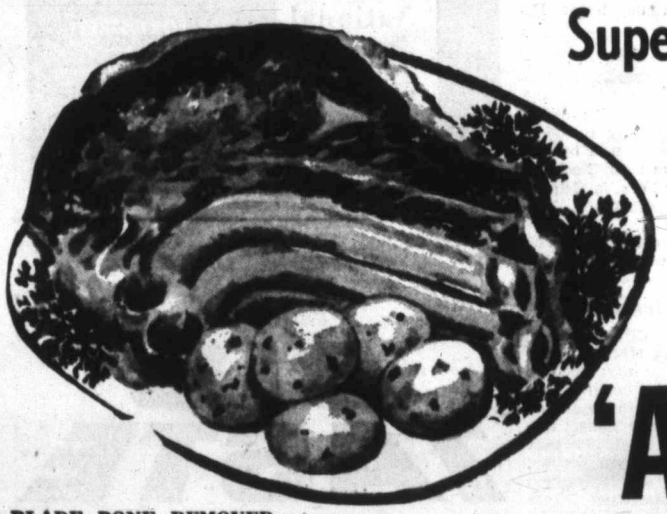
DELTA
Long Grain
RICE
2-lb. package 41¢

GOLD SEAL
Sockeye
SALMON
½'s, tin 52¢

GERBER'S
Strained and Chopped
INFANT Food
6 tins 65¢ 12 tins $1.27

SHAMROCK
Burns'
LARD
2 lbs. 29¢

MIST O' GOLD PINK
GRAPEFRUIT JUICE
2 48-oz. tins 65¢



Super-Valu "Royal"
Prime Rib ROAST
'A' lb. 79¢

BLADE BONE REMOVED
BLADE ROAST or SHORT RIB ROAST Grade 'A' lb. 69¢

PURITAN—MILDLY SEASONED
JUNIOR BOLOGNA Approx. 1½ lbs. each 49¢

TASTY AND ECONOMICAL
BACON JOWLS 2-3 lbs. average, lb. 29¢

LENTEN SPECIALS

BONELESS, IMPORTED SCOTCH
FINNAN HADDIES Cello wrapped, lb. 53¢

RELIANCE BRAND
OYSTERS ½-pint carton, each 45¢

SUPER-VALU Fresh Fruit and Vegetables

IMPORTED
GREEN PEAS Garden Fresh lb. 23¢

IMPORTED
AVOCADOES Jumbo, ideal for salads 2 for 25¢

U.S. NO. 1 FLORIDA—White and Fluffy Cookers
NEW POTATOES 5 lbs. 49¢

U.S. NO. 1 CALIFORNIA
BROCCOLI lb. 23¢

U.S. NO. 1 CALIFORNIA
CAULIFLOWER Large Heads ea. 33¢

IMPORTED, NO. 1 GRADE
TOMATOES 14-oz. tube ea. 33¢

STORE LOCATIONS
2510 Estevan Ave.
455 Simcoe St.
1515 Pandora Ave.
880 Esquimalt Rd.
272 Gorge Rd.

PRICES EFFECTIVE
FEBRUARY 19, 20 and 21

100% B.C. OWNED AND OPERATED
SUPER-VALU
"Where Quality Costs No More"